
Uncovering Your Soul Purpose

North Node Workbook



OUI, WE



Your North Node

This period is similar to our Saturn return.

The north node represents our area of growth and the life lessons we're integrating. We must always consider the north node from birth with the current north node globally when decoding our north nodes.

It makes even more sense when synthesized with which house it is in, as well as its relation to the other planets and signs in your birth chart.



Oui, We

How to use this workbook

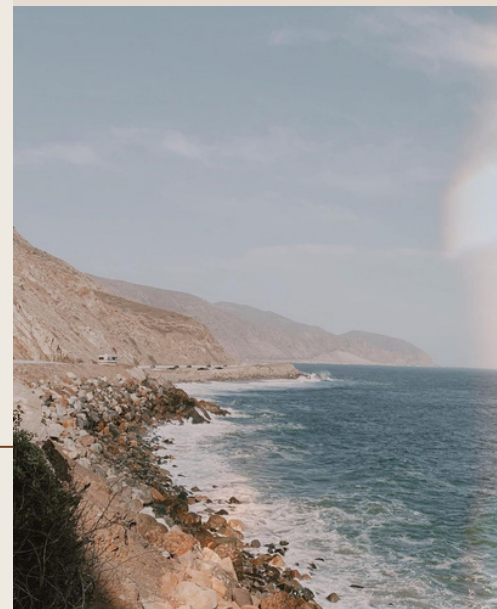
The areas of your life influenced by your north and south node depend on house placements and other planetary placements, too.

Let this workbook serve as a starting point into your journey to uncover your highest purpose.

Use this workbook to choose your own adventure. On the next page, you'll find a journaling template to guide your reflection. Find your north node by using this North Node Sign Table on page 5. Then, skip ahead to the section about your North Node sign.



*Our north node
points the way,
much like the north
star in the sky does
on a clear night.*



DATE

Mood

JOURNAL

YOUR THOUGHTS

GOALS

-
-
-
-

TO DO

-
-
-
-

NORTH NODE SIGN TABLE

Find the date range that contains your birth date below. Then, skip ahead to the section about your North Node sign.

ARIES	Aug 20, 1967 - Apr 19, 1969 / Apr 7, 1986 - Dec 2, 1987 / Dec 27, 2004 - Jun 22, 2006
TAURUS	Feb 20, 1966 - Aug 19, 1967 / Sep 12, 1984 - Apr 6, 1986 / Apr 15, 2003 - Dec 26, 2004
GEMINI	Aug 26, 1964 - Feb 19, 1966 / Mar 17, 1983 - Sep 11, 1984 / Oct 14, 2001 - Apr 14, 2003 / May 6, 2020 - Jan 18, 2022
CANCER	Dec 24, 1962 - Aug 25, 1964 / Sep 25, 1981 - Mar 16, 1983 / April 10, 2000 - October 12, 2001 / Nov 7, 2018 - May 4, 2020
LEO	Jun 11, 1961 - Dec 23, 1962 / Jan 6, 1980 - Sep 24, 1981 / Oct 21, 1998 - Apr 10, 2000 / May 10, 2017 - Nov 6, 2018
VIRGO	Dec 16, 1959 - Jun 10, 1961 / Jul 6, 1978 - Jan 5, 1980 / Jan 26, 1997 - Oct 20, 1998 / Nov 12, 2015 - May 9, 2017
LIBRA	Jun 17, 1958 - Dec 15, 1959 / Jan 8, 1977 - Jul 5, 1978 / Aug 1, 1995 - Jan 25, 1997 / Feb 19, 2014 - Nov 11, 2015
SCORPIO	Oct 5, 1956 - Jun 16, 1958 / Jul 10, 1975 - Jan 7, 1977 / Feb 2, 1994 - Jul 31, 1995 / Aug 30, 2012 - Feb 18, 2014
SAG	Apr 3, 1955 - Oct 4, 1956 / Oct 28, 1973 - Jul 9, 1975 / Aug 2, 1992 - Feb 1, 1994 / Mar 4, 2011 - Aug 29, 2012
CAP	Feb Oct 10, 1953 - Apr 2, 1955 / Apr 28, 1972 - Oct 27, 1973 / Nov 19, 1990 - Aug 1, 1992 / Aug 22, 2009 - Mar 3, 2011
AQUARIUS	Mar 29, 1952 - Oct 9, 1953 / Nov 3, 1970 - Apr 27, 1972 / May 23, 1989 - Nov 18, 1990 / Dec 19, 2007 - Aug 21, 2009
PISCES	Jul 27, 1950 - Mar 28, 1952 / Apr 20, 1969 - Nov 2, 1970 / Dec 3, 1987 - May 22, 1989 / Jun 23, 2006 - Dec 18, 2007

ARIES NORTH NODE

If your north node is in Aries, you are here to show the world what it means to be a leader. You will not wait for others to get on board with your ideas before forging ahead with them, and you are not here to play a supporting role. You need to be direct and assertive and trust that those meant to be in your life will hear you. You are the hero of your own story, the leader, and the pioneer.



TIPS FOR ARIES NORTH NODE

Your inner fire can build up and create pressure to act and exert energy, and without proper guidance, it can turn inward. So make sure you are keeping the channel clear.

- Stay active through high-intensity workouts
- Take action on your projects and ideas
- Release energy in nature

REFLECTION QUESTIONS

- *What are you doing when you feel most empowered?*
- *What are the causes that are important to you?
How do they resonate with your soul purpose?*

TAURUS NORTH NODE

If your north node is in Taurus, you are here to show what it means to prioritize your personal pleasure and values. You embody the feminine yin energy of mother earth. You show others how to naturally care for the planet with loyalty and patience by just living your life. You show us how great it can be to live in creature comforts.



TIPS FOR TAURUS NORTH NODE

With the south node in Scorpio, your comfort often entails hiding out in secrecy or privacy. Instead, try this:

- Beautify your space with flowers
- Keep your essential oil diffuser going with relaxing smells
- Adorn your body with your favorite clothes, jewelry, and perfume
- Engage in your creative hobbies like cooking and crafts

REFLECTION QUESTIONS

- *When do you tend to feel resistant?*
- *In what part of your life do you feel you are good at prioritizing your personal pleasure? How is this tied to your big dreams?*

GEMINI NORTH NODE

If your north node is Gemini, you are here to indulge your curiosity and question everything. This north node comes with a great deal of taking a lighthearted approach to life, so this is your permission to release any heaviness you carry on your shoulders.

You have the gift of being able to truly connect with other people.

TIPS FOR GEMINI NORTH NODE

Hobbies are great to pick up, especially anything that has you working with your hands, and working with others in small, local groups.

- Keep in touch with family and friends
- Read books
- Scrapbook with old nostalgic photos with friends (i.e., the analog Instagram!)



REFLECTION QUESTIONS

- *Where in your life do you nourish connections?*
- *What does it feel like to exchange ideas?*
- *What kind of knowledge do you find great joy in sharing? Where is it tied to your purpose?*

CANCER NORTH NODE

If your north node is in Cancer, you are here to put your feelings first, learn to accept your sensitivity, and see it as a gift and opportunity. You can let go of judgment and control and realize that everyone is on their own path; you don't need to be where they are and vice versa.



TIPS FOR CANCER NORTH NODE

Your north node, teaches you how to feel your feelings without trying to rush in and fix them or distract yourself from them.

- Practice EFT (emotional freedom technique), aka tapping to tune into emotions
- Try your hand at making homemade soaps, candles, or skincare products (lots of tutorials on Pinterest and YouTube, for both of these)

REFLECTION QUESTIONS

- *Where do you feel your emotional sensitivity is most appreciated and causes an impact?*
- *How do you take care of yourself?*
- *How does emotion play a role in your life goals?*

LEO NORTH NODE

With Leo as your north node, you are developing the confidence to step out as a solo star in your field. Leo rules the heart; it is performative and courageous. So even if you have to act like you are brave when you are not feeling brave — remember that it's in your chart to be bold, and take risks.

Leo is the heart of the lion.

TIPS FOR LEO NORTH NODE

Bold, beautiful, living out loud, with wild displays of affection for your pride, your north node shows the rest of us what it means to live from the heart.

- Perform on stage, give a speech, or create Youtube videos to share your voice.
- Embrace your big heart by fostering or adopting an animal who needs a loving home.



REFLECTION QUESTIONS

- *Where in your life do you feel you shine and are applauded for your talents?*
- *Do you feel that your creative energy is central to your soul purpose? If so, why?*

VIRGO NORTH NODE

If your north node is in Virgo, your life lessons center around setting and maintaining clear boundaries. You are here to be of service to others without letting others walk all over you. You win when you participate in life and share with the world the solutions to the problems that we face (that you can so clearly see).

TIPS FOR VIRGO NORTH NODE

You show the rest of us how maintaining daily routines and leaning into the structure can benefit us all.

- Commit to a daily routine practice
- Deep clean your home and workspace
- Practice grounding meditation — guided or by literally planting your bare feet into the ground.



REFLECTION QUESTIONS

- *How do boundaries help you take action, build structure, and be present in your life?*
- *Where are you driven to be of service? How do you use your unique abilities to enact action?*

LIBRA NORTH NODE

As a Libra north node, your soul knows that when we work together, we win together. You know that there is enough to go around when we act justly and in harmony with one another. You are the diplomat, the mediator, the person who suggests focusing on another when you get too wrapped up in your own circumstances.



TIPS FOR LIBRA NORTH NODE

With this placement, this life for you is about commitment.

- Keep your friends close on an email list or group chat where you can lift each other up.
- Write letters or send cards to friends and relatives you haven't seen in a while.
- Practice yoga and get back into alignment with yourself.

REFLECTION QUESTIONS

- *Where in your life do you see disharmony?*
- *What power do you connect to when you feel an authentic commitment to your relationships?*
- *Do you feel that harmony is core to your purpose?*

SCORPIO NORTH NODE

As a Scorpio north node, you show us what true personal transformation and rebirth look like in human form. Your soul craves non-attachment to material things, to past versions of yourself, and to the ever-changing circumstances of life. Scorpio north nodes are usually gifted in the areas of art and particularly musically inclined.



TIPS FOR SCORPIO NORTH NODE

Embracing that the universe always brings abundance is your biggest lesson in life as a Scorpio north node.

- Plant a garden
- Play an instrument - one you know or learn a new one;
- Reading any books on spirituality or psychology that call out to you - Wayne Dyer, Esther Hicks, just to name a few ideas.

REFLECTION QUESTIONS

- *What have been your more extreme personal transformation and rebirths?*
- *Do you feel your ability to work in ways that are transformational is tied to your big dreams?*

SAGITTARIUS NORTH NODE

If Sagittarius is your north node, you are a seeker here to indulge your desire for continual learning and exploring. A lot of other nodes are better to not heed impulses. Still, this north node group should travel far and wide, inwardly and outwardly, until they find the answers and wisdom that they seek. It's more of learning for learning's sake rather than to reach some end goal.



TIPS FOR SAGITTARIUS NORTH NODE

Your philosophy is that you will know it when you see it.

- Incorporate the elements of those far-off places that you have been and loved, or would love to visit (for example, listening to that country's music or watching foreign films).
- Read books, listen to podcasts, and do anything that expands your knowledge.

REFLECTION QUESTIONS

- *Where in your life do you feel free to learn?*
- *How do you think you inspire others?*
- *Do you feel that wisdom and travelling is core to your soul's purpose? How so?*

CAPRICORN NORTH NODE

This life for you is all about setting goals and achieving them. Little goals, big goals, any goal that is important to you is worth your attention. Of course, as a Capricorn north node, success will not come to you all at once. Still, when you learn to take incremental steps towards your goals, you climb up that mountain to the top and get to wave that flag of achievement for all to see.



TIPS FOR CAPRICORN NORTH NODE

This group often makes great entrepreneurs, CEOs, and leaders in the realms of business. You are the CEO of your own life; execute accordingly!

- Set daily actionable goals to keep you on track to your big juicy dreams.
- Incorporate your south node in Cancer with some daily self-care.
- Be careful about using work and task management as a coping mechanism.

REFLECTION QUESTIONS

- *What part of you tends to suffer in order to achieve your goals? Is this necessary?*
- *Does setting and pursuing goals with consistency and achieving them resonate with your purpose?*

AQUARIUS NORTH NODE

You are most effective in a group rather than solo. You are here to champion humanitarian causes and are likely passionate about a few of them. You feel most fulfilled when you use your many skills to spotlight critical universal causes rather than being a solo star player.



TIPS FOR AQUARIUS NORTH NODE

Aquarius north nodes are here to focus on “community-first” leadership. You are learning to release the drama. Sustainability, collaboration, eccentric ideas - these are realms in which you will shine.

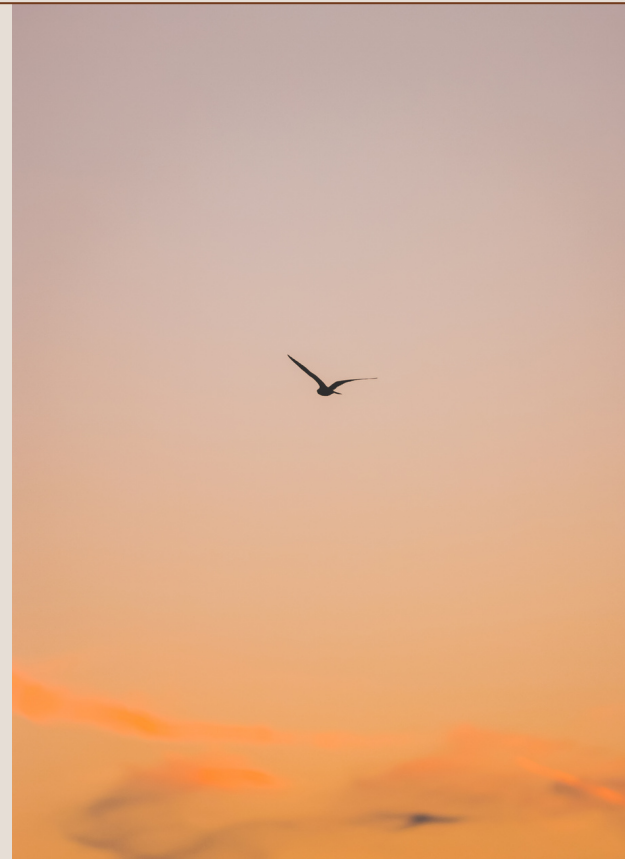
- Champion your favorite causes and organizations doing good in the world.
- Highlight the local and global small businesses that are important to you.
- Reach out to a neighbor and be of service to your community.

REFLECTION QUESTIONS

- *Where in life does your community serve you?*
- *What helps you develop relationships?*
- *Do you feel that your ability to champion humanitarian causes is tied to your big dreams?*

PISCES NORTH NODE

Pisces north nodes have spent so much time thinking about the details, analyzing, overthinking, and ensuring everything is in order and under control. Now, your compass is guiding you towards a more spiritually fulfilling life. Learning to trust that when you give over your sense of control, there can be positive outcomes.



TIPS FOR PISCES NORTH NODE

It is safe to be vulnerable, be seen, and let your guard down with those you trust. It is time to release your inner cynic and your inner critic!

- Epsom salt baths (on the reg)
- Setting up an easel and painting
- Doing a daily tarot or oracle card pull
- Always keep music on in the background to keep the vibes high

REFLECTION QUESTIONS

- *Where in your life does your vulnerability act as your strength?*
- *What helps you release your inner critic?*
- *How is creativity tied to your soul purpose?*

Let's take a moment to thank ourselves and recognize how powerful we all are. Navigating these reflections isn't easy.

Since you made it this far - I'd like to offer you a few more resources on your journey!

- First, an invite to *Culte La Lune: The Art of Lunar Living*. It's our most popular program.
- Second, a daily check of self-love. Print it out hang it up where you will see it every day as a tool to aid you when you're feeling blocked or discouraged.



Thank you

Be sure to check out the next few pages for some special goodies!



NEED MORE INSIGHT & SUPPORT?

CULTE LA LUNE: THE ART OF LUNAR LIVING

A 29-day virtual gathering begins the night of the New Moon, each lunar cycle. We practice lunar living, set intentions, and call in our big juicy dreams.

Consider Culte La Lune, your collective of woo woo witchy friends working to raise your vibration and create accountability. We meditate, we move, and we create moments of personal self-care.

Join the Course



OUI, WE

Unlocking Your Soul Purpose

YOUR DAILY CHECK OF SELF-LOVE

Say "I'm Beautiful" In Front of The Mirror	Take A Bath	Listen to Your Favorite Music
Use Face Mask	Take An Afternoon Nap	Eat Your Favorite Snack
Try Different Style of Clothes	Doodle Anything On A Paper	Gaze At The Afternoon Sky